# Ultimate Guide to DIY Floral Design

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### I N T R O D U C T I O N

## Introduction to DIY Floral Design



Welcome to the Ultimate Guide to DIY Floral Design. If you're reading this, then you're looking to dive into the exciting world of flower arrangements!

Whether you're a young daisy or a late bloomer, this guide is designed for anyone looking to unleash their creativity and learn about the ancient artistic craft that is flower arrangement. We'll cover everything that you need to know; from discovering the best tools and materials to finding creativity-sparking ideas, and finally, we'll take a look at a quick step-by-step guide to help you create your first DIY floral arrangement.

So, sit back, relax, and let's stop and smell–or in this case, arrange–the roses together.



## Flower Power: 5 Benefits of DIY Floral Design



There are several benefits to creating your own floral designs. From saving money to having more creative freedom, here are 5 reasons why you should start creating DIY floral arrangements:

#### 1. Get Creative

Have a vision in your head but don't know how to explain it to a florist? Try recreating it yourself! One of the joys of DIY floral design is being able to unleash your creativity, and trying new textures, shapes, and colors that catch your eye.

#### 2. Save \$\$

If you're looking to save money, then a DIY floral arrangement can be a great cost-effective option. If you're using flowers from your backyard, then it's an even bigger plus! And many of the tools you need to start designing may already be lying around your house.

#### 3. Learn a New Skill

Having hobbies can help you unwind from a busy day and provide you with a much-needed outlet. So why not try out floral arranging? The more you develop your flower arrangement skills, the more you may find that you have an untapped passion for floral design.

#### 4. Floral Design = Relaxation

Nip your worries in the bud (literally!) with floral design. Studies have found that spending time cutting and

arranging flowers can have <u>therapeutic benefits</u>, giving an individual improved mental well-being.

#### 5. Connect With an Ancient Art Form

Flower arrangement has been around for centuries and dates as far back as the <u>2nd century AD</u> during the time of ancient Rome! Each time you arrange a bouquet, you're connecting with an artistic tradition that people have practiced all over the world for many, many years.





## Essential Tools and Materials



Before you can begin arranging flowers, you first need to make sure you have some essential tools and materials. Don't worry–there's no need to break the bank. Start simple, with these cost-effective items:

#### • Clean Clippers or Shears

Having clean, sharp clippers or shears is key for cutting stems and trimming flowers how you want them to look. They can also be used to cut or curl any ribbon you may use when decorating.

#### • Vase

Choose a vase based on the desired size of your arrangement. It's a bonus if you already have one lying around the house!

#### • Floral Foam

Floral foam acts as a great base that even professional florists use in their arrangements. This handy base will allow you to arrange your flowers in a way you never thought possible!

#### • Bouquet Ties, Wrap, and Tape

Use these items to secure your flowers as you arrange them as professional florists do. You can also use stylish tape and ties to decorate the outside of the arrangement and vase.

#### • Water & Watering Can

To keep your flowers looking fresh, make sure to keep a full watering can nearby. Tap water around 50-60 degrees Fahrenheit is ideal.

#### • Flowers & More Flowers

The most essential material for flower arranging is the flowers, of course! When picking out your flowers, make sure to choose a variety of flowers. Find some greenery you can use as a base, and other flowers you may want to use as the focal point of the arrangement.

You can use flowers from your backyard or purchase some from a florist–just make sure you don't start trimming your neighbor's flowers without permission!

One of the beauties of flower arranging is that you may have some of these tools already lying around the house. If not, pop by your local hardware store or florist shop to find inexpensive options you can add to your floral arranging toolkit.





## Inspiration and Ideas



One of the most exciting parts about DIY flower arrangements is the opportunity to unleash your creativity. Whether that's experimenting with different color schemes, textures, sizes, or even shapes, floral design promises a hands-on creative experience.

If you struggle to find inspiration or are looking for some fresh ideas for your arrangement, there are several ways you can get inspired:

#### 1. Stop and Smell the Roses

One of the best ways to get inspiration for floral design is by taking a walk around your town or city. Look at the architecture all around you, or take the scenic route and stroll through your local park. What colors do you see? What textures can you replicate? Spending time in the natural world is one of the best ways to spark creativity.

#### 2. Create a Pinterest Board

Online websites like Pinterest are full of ideas and inspiration. Search keywords like "flower arrangement" or "Flower designs with peonies" depending on your goals, and look for anything that catches your eye! This doesn't mean you have to "copy" arrangements that you find, but draw inspiration from them to create something new.

#### 3. Consider the Season

Is it winter where you are? Summer? Draw inspiration

from the current season and play around with flowers that are blooming now. Using seasons as inspiration can influence the colors and textures you use, and help you create a unique bouquet perfect for this time of year.

#### 4. Consider the Occasion

Are you trying to make a floral arrangement for a friend's birthday? How about a Christmas dinner? It's okay if you're not arranging for a specific event, but if you are, then it's important to keep the occasion in mind. Think about the color schemes your friend may like or even about how you can incorporate their favorite flowers if you're creating a design just for them to make it more personable.

#### 5. Visit Your Local Florist

Visiting a florist can seem intimidating if you're just starting out in floral design, but it doesn't have to be. Florists are experts in their field and have a wealth of knowledge about flowers. Pick your local florist's brain for tips and tricks, or simply admire their work to get inspired for your next arrangement. Who knows? You may even make a fellow florist friend.

#### 6. Join a Floral Arranging Club, Class, or Workshop

You're not alone in your love for flowers. If you're looking to improve your arranging abilities or gain inspiration, then you may benefit from connecting with fellow florists and flower lovers in your area. Check online or talk with your friends and neighbors to find out if there are any floral design workshops, classes, or clubs near you.





# A Beginner's Step-By-Step Guide to Floral Arrangement



So, you've gathered your tools and you're ready to start designing your floral arrangement. Follow these eight simple steps to start creating your very own floral design:

#### Step 1: Get Inspired

The first step is to get inspired. As we talked about in the previous chapter, there are several different ways you can find inspiration: walk around your neighborhood, jump online for inspirational images, or even join a workshop or club to get the creative juices flowing.

#### Step 2: Decide on a Color Scheme

It's important to be mindful of the colors that you choose for your arrangement's color scheme. Colors have been <u>directly linked</u> to prompting specific emotions: bright reds can encourage energy and happiness, while greens or blues are more soothing and relaxing.

If you're arranging the flowers for a party, then you might want to consider <u>color psychology</u> and go with something that elicits energy and joy. Or if you're arranging flowers to put in a vase on your nightstand, you may want to go with cooler colors that promote calmness and tranquility.

The beauty of flower arrangement is that there are no set

rules you have to follow, so use colors that you want-with DIY floral arrangement, you're in complete control!

#### Step 3: Find Your Flowers

The next step is to find flowers for your arrangement. With your color scheme in mind, you most likely have some specific flowers you're going to want to incorporate into your bouquet.

If not, do some online research, then visit your local florist shop or use flowers already blooming in your backyard to start creating.

When gathering flowers, make sure to grab these different types:

Greenery → for the base Focal flower → the flower you'll center the arrangement around Secondary flowers → the flowers that will compliment the focal flower Filler flowers → the flowers that fill gaps and add texture

#### Step 4: Prepare the Flowers

Using your clean clippers or shears, cut each flower's stem at a 45-degree angle. This will help the flower be able to absorb more water once it's placed in the vase. Set all of the cut flowers to the side.

#### Step 5: Prepare the Vase

Choose a clean vase that will not only support your arrangement but will complement the bouquet's color

scheme and add to the cohesive look.

Before you can add the flowers to the vase, you'll need to add some mechanics to the vase. Take your bouquet foam or add tape to make a gridded design on the top of the vase. This will come in handy as you begin to place the flowers in the vase, helping them stay upright and in the structure that you want them to.

#### Step 6: Add Greenery as a Base

One of the best things you can do to make your bouquet stand out is add in a base. Using the greenery that you have, insert the stems down into the vase. The greenery base will add texture and depth to your arrangement, and let you fill in any empty areas. Think long wispy grass, shrubs, or even palms.

#### Step 7: Add Focal Flowers

Think of focal flowers as the main attraction of your arrangement. They will be where the viewers' eyes go first. It's okay to choose more than one focal flower, but less is more here.

Add the focal flowers to the vase, placing it between the greenery. Make sure to distribute the flowers throughout the vase and not just in one area.

<u>Bonus tip</u>: To give your arrangement a more natural look, choose an odd number of blooms for your focal flower, just like how you might find a bunch of them existing in nature.

#### Step 8: Add Secondary Flowers

If focal flowers are the star of the show, then secondary flowers are the supporting actors. But even supporting actors can win Oscars, so make sure to select flowers that will compliment your focal flowers' star quality.

Secondary flowers should seek to create depth in your arrangement and complement your color scheme. Try adding in flowers that range from buds to full bloom for extra texture and size variance.

#### **Step 9: Add Filler Flowers**

The last flower you should add is your filler flowers. These can be baby's breath, snapdragons, or any other smaller flower that adds texture to your arrangement and fills any gaps.

Make sure to take a step back and look at your bouquet from all sides. Are there any gaps? Add in some filler flowers. Are there too many focal flowers localized in one area? Spread them out. Now's the time for you to put on any finishing touches.

#### Step 10: Display Your Work!

Congratulations! You've officially created a floral arrangement. Take pride in your work and display your bouquet around your home, office, or any other space for you to enjoy. Part of the fun of floral arrangement is being able to admire your work in the days after you complete a design.

The next step?

Get started on your next design!



## C O N C L U S I O N

## Conclusion



Floral design is an exciting art form that humans have practiced for centuries. With several benefits such as helping mental well-being and allowing you to embrace your creative side, floral arrangement is a great career choice or even hobby for people of all ages.

Whether you're an expert florist or a floral arrangement newbie, there's always more to learn and create. One of the best ways to improve your craft is to keep practicing. Find inspiration all around you, continue to educate yourself on the best floral arranging techniques, and most importantly, keep designing.

What are you waiting for?

Go pick your flowers, gather your tools, and start creating your dream floral arrangement today!



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## **Blooming Visions Florist**

